

Antifat Attitudes Scale

Please indicate how much you agree or disagree with each of the following statements:

1. Fat people are less physically attractive than thin people
 - a) Strongly Disagree
 - b) Disagree
 - c) Neither Disagree nor Agree
 - d) Agree
 - e) Strongly Agree

- 2 I would never date a fat person
 - a) Strongly Disagree
 - b) Disagree
 - c) Neither Disagree nor Agree
 - d) Agree
 - e) Strongly Agree

3. On average, fat people are lazier than thin people
 - a) Strongly Disagree
 - b) Disagree
 - c) Neither Disagree nor Agree
 - d) Agree
 - e) Strongly Agree

4. Fat people only have themselves to blame for their weight
 - a) Strongly Disagree
 - b) Disagree
 - c) Neither Disagree nor Agree
 - d) Agree
 - e) Strongly Agree

5. It is disgusting when a fat person wears a bathing suit at the beach
 - a) Strongly Disagree
 - b) Disagree
 - c) Neither Disagree nor Agree
 - d) Agree
 - e) Strongly Agree



Scoring information for the Antifat Attitudes Scale:

Add item responses to obtain total score. Higher scores demonstrate stronger endorsement of antifat attitudes.

For more information on this scale:

Morrison TG, O'Connor WE. Psychometric properties of a scale measuring negative attitudes toward overweight individuals. *The Journal of Social Psychology*. 1999; 139: 436-445.

